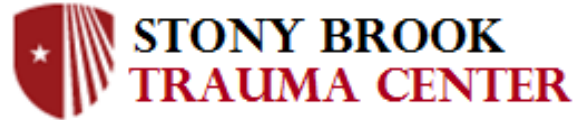




**Suffolk County**  
**Legislator Sarah Anker**



# *Senior Health and Wellness Expo*

**Where:** St. Mark's Church ~ Community Room  
105 Randall Road, Shoreham, NY 11786

**When:** Friday, June 29<sup>th</sup>

**Time:** 10:00 AM – 1:00 PM

*Drop-in anytime!*

***The first 100 attendees will receive a FREE reusable shopping bag!***

**Attendees will be provided with important information about health and wellness while enjoying free services and refreshments.**

Free Balance and Health Screenings • Free Senior Citizen ID Cards • Senior Net Suffolk County Office for the Aging • Cornell Cooperative Extension Family Health and Wellness • Suffolk County Department of Social Services • Stony Brook Heart Health Touro Senior Citizen Law Program • Tai Chi for Arthritis • Retired Seniors Volunteer Program (RSVP) • Operation Medicine Cabinet: Drop-off Unwanted Medications Stepping On: Building Confidence and Reducing Falls • Home Safety Checklist Stony Brook Vascular Center: Sign-up for your free vascular or vein screening!



**For more information, please call  
Legislator Anker's Office at: 631-854-1600**

